	SUNDAY	NOON - 1 PM	Odgensburg, Just for Today Group, Valley Recovery Center,	7 - 8:30 PM	Watertown, Hope Fiends, McCarthy Hall, behind Holy Family	NOON - 1 PM	MElizabethtown, Elizabethtown, Elizabethtown Hospital, In the
	Albany, Hope & Glory Group, CDRC, 2nd Floor side		3rd Floor Suite 301, 206 Ford St, NY, 13669	NOON 4:04	Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601		Board Roo, 75 Park St, NY, 12932
	entrance, 45 Colvin Avenue, NY, 12206 Albany, I Can't, We Can LGBT+ Group, CDRC, 2nd floor side		Pittsfield, Deeds Not Words Group, George Crane Center, 81 Linden Street, MA, 01201	PM	Watervliet, The 12, 12 & 12 @ 12 Group, The Dome in Watervliet, 1300 2nd Avenue, NY, 12189	6:30 - 8 PM	Glens Falls, No Addict Need Die Group, The Salvation Army of Glens Falls, Use Irongate Entrance, off Crandall Street, 37
	entrance, Room C, 45 Colvin Avenue, NY, 12206		Pittsfield, There is Hope Group, Saint Charles Church, 89		WEDNESDAY	7 - 8 PM	Broad Street, NY, 12801
6 - 7:30 PM	Albany, Circle of Recovery Group, SEFCU Bldg, 388 Clinton Ave, NY, 12206	10 - 11:30	Briggs Ave, MA, 01201 Poughkeepsie, Unity in the Community, 17 Rose St	7:30 - 9 AM	Albany, First Thing First Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206	1 - 0 FIVI	<u>Keene,</u> We Can Group (In Person Only), 69 Washington St,, NH, 03431
6 - 7:30 PM	Albany, NA Clean Team Group, Bethany Church, 760 New	AM	Community Room 2nd Floor, 17 Rose St, NY, 12601	1 - 2:30 PM	Albany, Miracles In NA Group, CDRC, 2nd floor side	7 - 8 PM	<u>Lebanon</u> , Together We Can Group (Online & In Person)), First Congregational Church, Join by Zoom:
7 - 8 PM	Scotland Avenue, NY, 12208 Claremont, NH, Step It Up (InPerson &Online), Zoom Link		<u>Poughkeepsie</u> , Journey to Recovery Group, St. Paul's Episcopal Church, 161 Mansion Street, NY, 12601	6 - 7:30 PM	entrance, 45 Colvin Ave., NY, 12206 Albany, Step into your Life Group, CDRC, 2nd Floor side		https://us04web.zoom.us/j/9500259596 dial by phone:
	https://zoom.us/j/92050814073 Password: NA Phone 646 876 9923 Phone Password: 440303Dial In:, 62 Pleasant St, Unit 4,	7 - 8:30 PM	Schenectady, Full Change Group, 218 Nott Terrace, NY, 12305		entrance, 45 Colvin Avenue, NY, 12206		929-205-6099 Meeting ID: 9500259596, 10 S Park St, NH, 03766
	Broad St entrance, NH, 03743		Troy, We Not Me Group, St. Mary's Hospital, Use main	7 - 8:30 PM	Albany, Wednesday Night Step Group, McKownville Methodist Church, 1565 Western Ave., NY	6:30 - 7:30 PM	Manchester Village, The Last Straw Group (Online and In
6 - 7 PM	Ellenville, Back To Life, Family of Ellenville, 221 Canal St., NY. 12428		entrance on Massachusetts Ave near Parking Garage, 300 Massachusetts Ave, NY, 12180	7:30 - 8:30 PM	Claremont, All Will Be Well Group (Online & In Person),		Person) , join by phone: 929 436 2866 Meeting ID: 729 220 920 Password: 385106, Join URL: https://zoom.us/j/729220920
	Hyde Park, Principles Before Personalities Group, Regina	7:30 - 8:30	Wappingers Falls, Keep Hope Alive, Zion Episcopal Church,		Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281, Join URL: https://zoom.us/j/476126708		Password: NA, 3624 Main Street (1st Congregational Church, Rm 102), VT, 05254
	Coeli Catholic Church, Park at Hyde Park Elementary at the fence on the right. Entrance to meeting is at the middle of the		12 Satterlee PI, NY, 12590 Watertown, Courage to Change, Anchor Recovery Center,	7 - 8:30 PM	Password: NA, 62 Pleasant St, NH, 03743 Family of Ellenville, Mid-Week Miracles, Family of Ellenville,	7 - 8:30 PM	North Adams, Each Day A New Beginning Group, All Saints
	south side of building), 2 Harvey Street, NY, 12538		241 State St, NY, 13601		221 Canal Street, NY, 12428	NOON - 1 PM	Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220 Pittsfield, Deeds Not Words Group, George Crane Center,
	<u>Keene</u> , The Breakfast Club (In person & online), Zoom Link: https://zoom.us./j/96384286255 Password: NA 929 205 6099		<u>Watertown</u> , Hope Fiends, McCarthy Hall, behind Holy Family Church parking lo on Winthrop St., 1 Sterling Place, NY, 13601	7 - 8:30 PM	<u>Hyde Park</u> , Principles Before Personalities Group, Regina Coeli Catholic Church (Park at Hyde Park Elementary at the		Hays Place & Linden Street, 81 Linden Street, MA, 01201
	Phone Password: 440731, 36 Carpenter St., NH, 03431 Kingston, King's Men Do Recover, Fair Street Reformed		Watervliet, The 12, 12 & 12 @ 12 Group, The Dome in Watervliet, 1300 2nd Avenue, NY, 12189		fence on the right. Entrance to meeting is at the middle of the	7:30 - 8:30 PM	Pittsfield, Living Clean Group, Hays Place - Crane Center, 81 Linden Street, MA, 01201
	Church, 209 Fair Street, NY, 12401	7:30 - 8:30	Wilder, Recovery on the Hill (In Person Only), 200 Olcott	6 - 7:30 PM	south side of building), 2 Harvey Street, NY, 12538 <u>Kingston</u> , Lifeline Group, St. James Chruch, 35 Pearl St.,	6:30 - 8 PM	
7:30 - 9 PM	KINGSTON NY, MISSION TO RECOVERY, Fair Street Reformed Church, 209 Fair Street, NY, 12401		Drive, VT, 05001 Woodstock, Monday Night Miracles Group, St. Gregory's	7 - 8 PM	NY, 12401 Lowville, Never Alone Never Again, 5520 Jackson St, NY,	6 - 7:30 PM	Rutland, Living Clean Group (In Person Only), Turning Point
5 - 6 PM	Manchester Village, Last Straw Group, 1st Congregational Church, Rm 102, 3624 Main St, VT, 05255		Church, 2578 Rt. 212, NY, 12498		13367	7 - 8:30 PM	Club, 141 State Street, VT Saranac Lake, Adirondack Recovery Group, Presbyterian
6:30 - 7:45	Pittsfield, Addicts In The Attic Group, Hilcrest Hospital, 1st	7:30 - 9 AM	Albany, First Things First Group, CDRC, 2nd floor side	7 - 8 PM	<u>Ludlow</u> , Out of the Woods (Online and In Person) , Divided Sky Foundation bldg. Online and In Person,		Church, 57 Church St, NY
PM NOON - 1 PM	Floor, 165 Tor Ct., MA Potsdam, Potsdam Group, Potsdam Library, 2 Park St., NY,		entrance, 45 Colvin Avenue, NY, 12206		https://us06web.zoom.us/j/84203473867 PW: NA, 262 Fox	7 - 8:30 PM	<u>Schenectady</u> , Serenity Group, Christ Church, 970 State St, NY, 12307
	13676		Albany, Miracles in NA Group, CDRC, 2nd floor side entrance, 45 Colvin Ave, NY, 12206	NOON - 1 PI	Lane, VT, 05149 MOdgensburg, Just for Today Group, Valley Recovery Center,	7 - 8:15 PM	Watertown, Hope Fiends, McCarthy Hall, behind Holy Family
4:30 - 5:30 PM	Poughkeepsie, Last Chance, Single Purpose, 291 Mill St, NY. 12601	6 - 7:30 PM	Albany, Surrender To Win Group, SEFCU Bldg, 388 Clinton	NOON - 1 PI	3rd Floor Suite 301, 206 Ford St, NY, 13669 MPittsfield, Deeds Not Words Group, George Crane Center,	NOON - 1:30	Church parking lot, 1 Sterling Place, NY, 13601 Watervliet, The 12,12 & 12 @ 12 Group, The Dome in
1 - 2 PM	poughkeepsie, A Set Of Principles, The Delafield		Ave, NY Albany, Together On Tuesdays Group, St Michael's Church,		81 Linden Street, MA, 01201	PM	Watervliet, 1300 2nd Avenue, NY, 12189
7 - 8 PM	Community Center, 109 Delafield St, NY, 12601 Saratoga Springs, Sunday Shenanigans Group, Rear lot,		49 Killean Park, NY Ellenville, Becoming Whole, St. Paul's AME Zion Church,	7:30 - 8:45 PM	Pittsfield, Step By Step Group, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201	110011 - 1 1 1	M <u>Wilder,</u> There Is Still Hope (In Person Only), Upper Valley Turning Point, 200 Olcott Drive, VT, 05001
	blue awning, 125 High Rock Avenue, NY, 12866		156 Center Street, NY, 12428	6:30 - 8 PM	Poughkeepsie, Based on the Evidence II Group, St. Paul's	7 000 115	FRIDAY
6:30 - 7:45 PM	<u>Saugerties</u> , Miracle on Main Street Group, Saugerties Reformed Church, John & Main Streets, 34 Main St, NY,		Keene, In From The Storm Group (In Person Only), 36 Carpenter St., NH, 03431	7 - 8:30 PM	Episcopal Church, 161 Mansion St., NY, 12601 Red Hook, Recovery In Progress, Bard College, Olin LC,	7 - 8:30 AM	Albany, Friday Morning Surrender, 161 Central Ave, NY, 12206
7 - 8:30 PM	12477 Schenectady, Courage to Change Group, 218 Nott Terrace,	7 - 8 PM	Kingston, Peak Of Serenity, St. John's Episcopal Chruch,		Room, 77 Campus Rd, NY, 12504	1 - 2:30 PM	
	NY, 12305		207 Albany Ave., NY, 12401 <u>Lebanon</u> , The Gift Called Life Group (In Person Only), 18	0 - 7.30 FIVI	Rensselaer, Full Message Group, Saint Mary's Church, 163 Columbia Turnpike, NY, 12144	6 - 7:30 PM	Colvin Ave., NY, 12206 Albany, Pathway to Freedom Group, Enter on Robin St side.
6:30 - 7:45 PM	South Glens Falls, Here Again Group, 27 Saratoga Avenue, NY, 12803		School Street, NH	7 - 8 PM	Saratoga Springs, The Race Is Over Group, in Sanctuary, 1 hr, 24 Circular Street, NY, 12866		Off street parking available, 498 Clinton Ave, NY, 12206 Albany, Reality Group of NA, 88 4th Ave, NY, 12202
	Troy, Time To Shine Group, 146 1st Street, NY, 12180	PM	Manchester Village, The Last Straw Group (Online and In Person), join by phone: 929 436 2866 Meeting ID: 729 220	7 - 8:30 PM	Schenectady, Ties That Bind Us Together Group, 218 Nott	7 - 8 PM	Brattleboro, Mixed Nuts (In Person & Online), Join by
7 - 8:30 PM	<u>Watertown</u> , Hope Fiends , McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY,		920 Password: 385106, Join URL: https://zoom.us/j/729220920 Password: NA, 3624 Main St (1st Congregational Church (Rm	7 - 8 PM	Terrace, NY, 12305 Tyringham, Serenity in the Valley, Outside @ the Pavilion,		Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132, Join by URL: https://zoom.us/j/947774934
	13601		102)), VT, 05254		100 Main Road, MA, 01264	7 - 8:15 PM	Password: NA, 39 Elm Street, VT
7:30 - 9 AM	MONDAY Albany, First Things First Group, CDRC, 2nd floor side	РМ	<u>Middlebury</u> , Road to Recovery, Turning Point Center of Addison County, 54 A Creek Road, VT, 05753	7 - 8:30 PM	Church parking lot on Winthrop St., 1 Sterling Place, NY,		70 Mansion Street, NY
	entrance, 45 Colvin Avenue, NY, 12206 Albany, Miracles in NA Group, CDRC, 2nd Floor side	7 - 8 PM	New Paltz, Clean & Serene Group, United Methodist Church, 1 Grove St., NY, 12561	NOON - 1:30	13601 Watervliet, The 12, 12 & 12 @ 12 Group, The Dome in	7 - 8:30 PM	Ellenville, Hope of Courage, St. Paul's Episcopal Churchd, 40 Market Street, NY, 12428
	entrance, 45 Colvin Avenue, NY, 12206		North Adams, Each Day A New Beginning Group, All Saints	PM	Watervliet, 1300 2nd Avenue, NY, 12189	8 - 9:30 PM	Ellenville, Recovery On The Mountain, OUTDOOR
6 - 7:30 PM	Albany, New Life Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206		Church, Papa Gino's parking lot, 59 N. Summer St, MA, 01220 Pittsfield, Deeds Not Words Group, George Crane Center,	7:30 - 9 PM	Watervliet, Out of the Text Group, Trinity Church, 1336 1st Avenue, NY, 12189		SEASONAL MEETING - Rain location 40 Market Street, Ellenville,, 227 Otens Rd, NY, 12428
6 - 7:30 PM	Amsterdam, Island of Misfit Toys Group, Creative		81 Linden Street, MA, 01201		THURSDAY	7:15 - 8:30 PM	Enfield, Out of the Fog (In Person Only), United Methodist Church, Speaker 1st Friday, 314 U.S. 4, NH
7 - 8:30 PM	Connections Clubhouse, 303 East Main Street, NY, 12020 Ballston Spa, Leap of Faith Group, First Presbyterian		<u>Pittsfield</u> , You Are Never Alone, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201	7:30 - 9 AM	Albany, First Thing First Group, CDRC, 2nd floor side entrance, 45 Colvin Avenue, NY, 12206	7 - 8:30 PM	Hudson, Hope in Hudson Group, First Reformed Church, 52
	Church, 22 West High Street, NY, 12020		<u>Pleasant Valley</u> , We Do Recover, First Presbyterian Church, 1576 Main St. (Rt. 44), NY, 12569	1 - 2:30 PM	Albany, Miracles In NA Group, CDRC, 2nd floor side	7 - 8:30 PM	Green Street, NY Kingston, On a Woman's Journey, St James Church, 35
	Bennington, That's Life Group. (In Person Only), 2nd Congregational Church, 115 Hillside Ave, VT, 05201		Poughkeepsie, Come As You Are, St. Paul's Episcopal, 161	6:30 - 8 PM	entrance, 45 Colvin Ave., NY, 12206 Albany, A Spiritual Principle A Day Group, CDRC, 45 Colvin		Pearl St., NY, 12401
	<u>Claremont</u> , Monday Night NA (Online and In Person), Zoom Link: https://zoom.us/j/91692711848 Password: NA, 120 Broad		Mansion St., NY, 12601 Rensselaer, Steps Are a New Beginning Group, Blooming	7:30 - 9 PM	Ave, NY, 12206	PM	Middlebury, Road to Recovery, Turning Point Center of Addison County, 54A Creek Road, VT, 05753
	St (Trinity Episcopal Church), NH, 03743		Grove Reformed Church, 706 Blooming Grove Drive, NY,		Door (corner of Willet & State), NY, 12210	7 - 8:30 PM	North Adams, Free On Friday Group, All Saints Church,
6:30 - 7:30 PM	Glens Falls, Under Construction, 13 Crandall St, 13 Crandall St, NY, 12801	7 - 8 PM	12144 Rutland, Last Connection Group (In Person Only), 141	6 - 7:30 PM	Amsterdam, Island of Misfit Toys Group, Creative Connections Clubhouse, 303 East Main Street, NY, 12020	NOON - 1 PM	Papa Gino's parking lot, 59 N. Summer St, MA, 01247 Pittsfield, Deeds Not Words Group, George Crane Center,
	Hogansburg, Red Road, 18 Eagle Dr, NY, 13655		State St, VT, 05701	7 - 8 PM	Claremont, Hope in Claremont (Online and In Person), TLC	7 - 8 PM	81 Linden Street, MA, 01201 Pittsfield, Thank God I'm Free Group, Hays Place - Crane
	<u>Hudson</u> , A New Way Group , Christ Episcopal Churc, 431 Union Street, NY, 12534	r - U.SU FIVI	<u>Saratoga Springs</u> , Invitation To Live Group, Healing Springs, Rear lot, blue awning, 125 High Rock Avenue, NY,		family resource center Broad Street Entrance, https://us06web.zoom.us/j/87907328775 PW: NA, 62 Pleasant		Center, 81 Linden Street, MA, 01201
7 - 8 PM	<u>Johnstown</u> , Recovery is Real Group, St. John's Episcopal Church, 1 N Market Street, NY, 12095	7 - 8:30 PM	12866 Schenectady, Hope Without Dope Group, Refreshing Spring	7 - 8:30 PM	St, NH, 03743	9 - 10 PM	Pittsfield, Never Too Late Group, Zion Lutheran Church, 74 First Street, MA
	New Paltz, Alive and Free Group, Family of New Paltz,		Church, 327 Georgetta Dix Plaza, NY, 12307	1 - 0.30 PIVI	<u>Cohoes</u> , The Last Train Group , The Senior Community Center, 10 Cayuga Plaza, NY, 12047	10 - 11:30 AM	Poughkeepsie, Unity in the Community, 17 Rose St
	building in the back, 51 N. Chestnut Street, NY, 12561		<u>Troy</u> , How and Why Group , Cornerstone Community Church, 570 Third Avenue, NY, 12182				Community Room 2nd Floor, Community Room 2nd Floor, 17 Rose St, NY, 12601
1							

6:30 - 7:30	Pougnkeepsie, Living Proof, St Paul's Episcopai Chruch, 161		MONDAY
PM 7 - 8:15 PM	Mansion st., NY, 12601 Saratoga Springs, The End Of The Road Group, Healing	6 - 7 PM	Albany Together Apart - a Virtual NA Meeting Zoom ID: 815 6155 9185 Password: 000000
	Springs, Rear lot, blue awning, 125 High Rock Avenue, NY, 12866	6 - 7:30 PM	Amsterdam Island of Misfit Toys Group Zoom meeting ID:885 3273 6318, Passcode: TOYS
7 - 8:30 PM	<u>Schenectady</u> , A New Way To Live Group, New Choices Recovery Center, Back Door, 728 State Street, NY, 12307	7 - 8:15 PM	Claremont Monday Night NA (Online and In Person) Meeting ID 916 9271 1848 PW: NA 646 876 9923 PW 630568
7 - 8:30 PM	<u>Troy</u> , The Journey Continues Group, Cornerstone Community Church, 570 3rd Ave, NY	7 - 8:15 PM	Coxsackie Pay it Forward Group Meeting ID: 645 160 958, Password: 625 244
7 - 8 PM	<u>Watertown</u> , Hope, Faith and Courage, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling	5:45 - 6:45 PM	Keene Monday Night Mechanics (Online Only) Meeting ID: 95476368853 Password: NA Dial by Phone: 929 436 2886
NOON - 1:30 PM	Place, NY, 13601 Watervliet, The 12,12 & 12 @ 12 Group, The Dome in	8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York)
	Watervliet, 1300 2nd Avenue, NY, 12189	NOON - 1:30	D Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815
10 - 11:30	SATURDAY Albany, Dead Man Walking, 2nd Floor, 553 Clinton Avenue,	PM	6901 0816 Passcode: 459859
AM	NY, 12206		TUESDAY
6 - 7:30 PM	Albany, Saturday Lock Down We Do Recover Group, SEFCU Bldg, 388 Clinton Avenue, NY, 12206	6 - 7:30 PM	Amsterdam Tuesday Night Basic Text Book Group Meeting ID: 79614049710 Password: Basic
10 - 11:30 AM	Kingston, God Shaped Hole Group, Reformed Church of the Comforter, 26 Wynkoop Place, NY, 12401	6:30 - 7:30 PM	Cancer in Recovery Group Meeting ID 82633324017 Password FAITH
7:30 - 9 PM 7 - 8:15 PM	<u>LaGrangeville</u> , Vision of Hope Group , Full Gospel Center, 1138 Route 55, NY	8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York)
7 - 0.13 FW	Marlborough, You Are Here Group (In Person & Online), Zoom Link https://us06web.zoom.us/j/83154677886 Password: 929 205 6099 Phone Password: NANA Phone Access,	NOON - 1:30 PM	Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859
	Federated Church, 16 Pleasant St, NH, 03455		WEDNESDAY
7 - 8:30 PM	Mechanicville, Journey on the Hill Group, St. Luke's Church, 40 McBride Rd, NY, 12118	7 - 8 PM	Ludlow Out of the Woods (Online and In Person) Meeting ID 84203473867 PW: NA 1 719 359 4580 Meeting ID: 842 0347 3867
7 - 8 PM	<u>Pittsfield</u> , Saturday Night 12 & 12 Group, St. Stephen's Episcopal Church, Use Allen St entrance, 67 East Street, MA, 01201	8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US
10 - 11:30 AM	<u>Poughkeepsie</u> , New Beginnings Group , Mansion Street, 161 Mansion Street, NY, 12601	NOON - 1:30 PM	(New York) D Watervliet The 12, 12 & 12 @ 12 Group Meeting ID: 815
9 - 10:30 AM	Rensselaer, Saturday Morning Miracles, St. Marys, 163 Columbia Turnpike, NY		6901 0816, Passcode: 459859 THURSDAY
2 - 3:30 PM	Rensselaer, Steps Toward A Better Life, Blooming Grove Reformed Church, 706 Bloomingrove Drive, NY, 12144	6 - 7:30 PM	Amsterdam Island of Misfit Toys Group Zoom meeting ID: 885 3273 6318, Passcode: TOYS
7 - 8 PM 7:30 - 8:45	Rutland, Saturday Night NA, 141 State St, VT, 05701 Saugerties, The Message is HOPE, Ryan's HOuse, 19	7 - 8 PM	Claremont Hope in Claremont (Online and In Person) Password: NA 1 719 359 4580 Meeting ID: 879 0732 8775
PM	Barclay St., NY, 12477	7:30 - 9 PM	Just For Tonight Group ID# 876 9193 7204 Access# 755883
10 - 11:30 AM	<u>Schenectady</u> , Recovery At Sunrise Group, Recovery at Sunrise, 313 Clinton Street, NY, 12305	8:30 - 10 AM	Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US
6 - 7:30 PM	Schenectady, Vision of Hope Group, 313 Clinton St, NY, 12305	NOON - 1:30	(New York) P Watervliet The 12,12 & 12 @ 12 Group Meeting ID: 8156901
10 - 11:30 AM	Troy, Never Alone Group, St. Mary's Hospital, Use Main	PM	0816, Passcode: 459859
	Entrance on Massachusetts Ave then to the left, 1300 Massachusetts Ave, NY, 12180	6 - 7:30 PM	Ameterdam Friday Night Gut Loyal Group Zoom ID:
7 - 8:30 PM	Watertown, Hope Fiends, McCarthy Hall, behind Holy Family Church parking lot on Winthrop St., 1 Sterling Place, NY,		88240176654, Passcode: pass
	13601		Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US (New York)
	VIRTUAL & HYBRID MEETINGS	NOON - 1:30 PM	 Watervliet The 12,12 & 12 @ 12 Group Meeting ID: 815 6901 0816, Passcode: 459859
	SUNDAY		SATURDAY
6 - 7:30 PM	Albany NA Clean Team Group Meeting ID: 748 258 596, Passcode: 000000	7 - 8:15 PM	Password: 983923
6 - 7 PM	Bethel New Beginnings (Online Only) Zoom ID: 6823177351 Password; NA 646-931-3860 Phone Password:	7 - 8:15 PM	Password: 983923
7 - 8 PM	574132 Claremont, NH Step It Up (InPerson &Online) Zoom ID: 92050814073 Password: NA 646 876 9923 Phone Password:	7 - 8:15 PM	Marlborough You Are Here Group (In Person & Online) Zoom Meeting ID: 831 5467 7886 Password: NA 929 205 6099 Phone Password: NA
	440303	2 - 3:30 DM	MEN DO DECOVED GDOUD ID# 016 035 3166 Acces#000

000 1-929-205-6099

Password: 000000

(New York)

MEN DO RECOVER GROUP ID# 916 035 3166 Access#000

The Journey of Recovery Group Meeting ID: 806 227 4206,

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US

2 - 3:30 PM

6:30 - 7:30 Poughkeepsie, Living Proof, St Paul's Episcopal Chruch, 161

Keene The Breakfast Club (In person & online) Zoom ID: 96384286255 Password: NA Phone Password: 440731 929

Green Mountain Men (Online Only) Zoom ID: 83727286535 Password: NA 3017158592 Phone Password: 466530

Saratoga Springs Sunday Shenanigans Group Meeting ID: 798 350 491, Password: 719520

8:30 - 10 AM Schenectady Upstate NY Morning Wake Up Group Zoom ID: 446 099 0823 Password: W2HVET +1 646 558 8656 US

205 6099 Phone Password: 440731

(New York)

9 - 10 AM

7 - 8 PM



KEEP COMING BACK. IT WORKS

The Narcotics Anonymous Message:

"That an addict, any addict, can stop

using drugs, lose the desire to use and find a new way to live."

PHONE NUMBERS



ABCD REGION NARCOTICS ANONYMOUS MEETING LIST

[date]

The most up to date meeting info can always be found on the regional website:

https://abcdrna.org



Helpline 315-847-3842

Berkshire 413-443-4377 Green Mountain (VT/NH) 802-265-6414 Seaway Trails (Watertown to Malone) 315-351-2250

REGIONAL SERVICE COMMITTEE MEETING First Saturday of Every Month @ 11:00 am

In-Person and on Zoom Monthly 1565 Western Avenue, Albany, NY 12203

ALBANY RENSSELAER AREA SERVICE COMMITTEE

Last Thursday of Every Month @ 7:00 pm St. Michaels - 49 Killean Park, Albany, NY

BERKSHIRE COUNTY AREA SERVICE COMMITTEE MEETING

Third Tuesday of Every Month 6:30 pm Elm St. java, 216 Elm Street, Pittsfield, MA 01201

GREEN MOUNTAIN AREA SERVICE COMMITTEE MEETING Last Sunday of Every Month 1:15 pm Zoom Meeting

MID-HUDSON AREA SERVICE COMMITTEE MEETING

Fourth Thursday of Every Month @ 7:00 PM Saint James Church - Corner of Fair and Pearl, Kingston, NY

MOHAWK RIVER AREA SERVICE COMMITTEE MEETING Last Saturday of Every Month @ 1:00 pm Christ Church — 970 State Street, Schenectady, NY

SEAWAY TRAIL AREA SERVICE COMMITTEE
3rd Saturday of Every Month @ 2:00 pm
Rotating: 1 Sterling Place Watertown, NY

and 41 Chapel Street, Canton NY

SOUTHERN ADIRONDACK MOUNTAIN MIRACLES AREA Last Sunday of Every Month @ 9:00 am Zoom Only